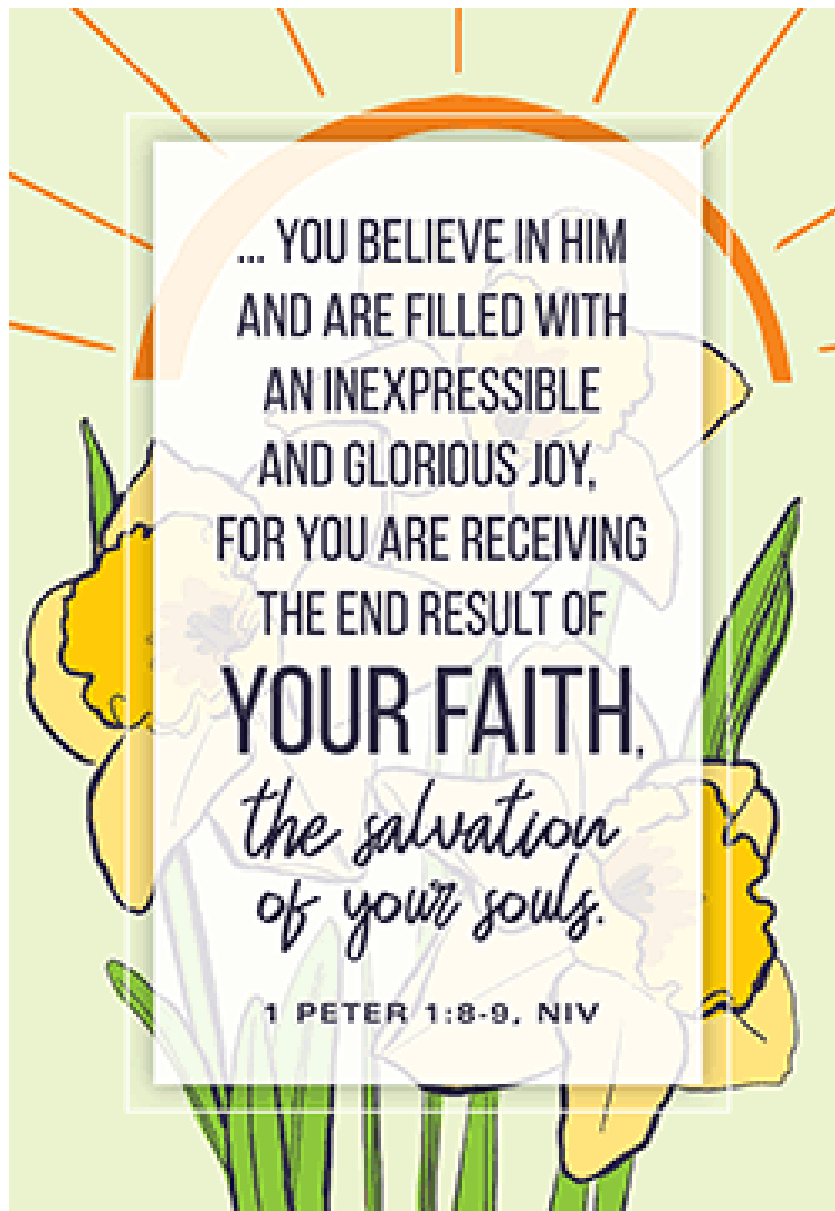




Church on the Cape Newsletter



November 2025



Please see pages 9-13 for Believing in Him.

From The Pastor's Desk

WE MUST WORK TOGETHER TO CARE FOR THE POOR

Jesus cared. He cared about people who struggled. He cared about people who were too poor to live a good life. He cared about people who were sick and suffered from chronic health and physical issues. He cared about people who were outcasts from society. He cared about foreigners who were treated as inferior. Jesus cared.

I watched an episode of "The American Experience" on PBS the other night. It was a show about Lyndon Johnson's presidency and his desire to eliminate poverty in the United States. In spite of all his flaws, he had a vision of a "Great Society" in which everyone had the basic necessities to live a good and meaningful life.

John Wesley and the early Methodists realized that caring for the poor and neglected was a central component of Christian faith. They took the story from Matthew 25:31-46 very seriously and believed that disciples of Jesus needed to actively work to care for the poor, the needy, and the imprisoned. They believed this was a key component of preaching the Gospel. Food and clothing were as important as words in proclaiming the message of God's redeeming love and grace. Wesley proclaimed that caring for the poor was a "means of grace" or a sacramental act. It conveyed God's grace to the one receiving help but was also a spiritual act for the person giving. It therefore conveyed God's grace to the person doing the good work and helped them to grow in faith and spirituality.

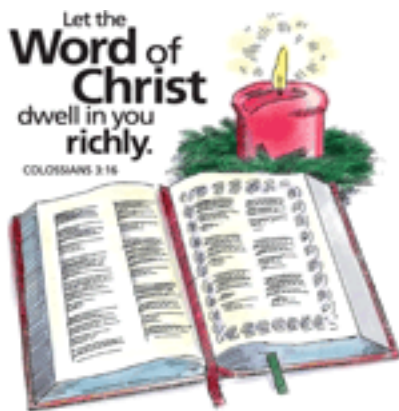
Why are people poor? What keeps people from having enough of the basics to live a good life?

As important as it is to support food shelves and feeding programs, as important as it is to provide shelters and day-stations, it is equally important to understand the "why." I admit I've struggled to understand, and I believe our society has struggled to understand. In all honesty, I've tended to blame the poor for their plight. I have accused them of making bad decisions, not working hard enough, and being irresponsible. Many of us have had those kinds of thoughts.

What is the answer? It begins with empathy. Until we can understand the struggles that other people face, we cannot begin to understand the complexity of poverty in our society. It also requires that we honestly examine the systems that control our lives. We must also honestly examine past efforts and ask what has worked better, what has failed, and why.

Above all, we must work together. We need to stop fighting, stop blaming, and stop calling names, and work together to find ways that help and that work. It is a critical beginning for us to support "Community Outreach Services" here in our three-town area and continue (and dare I suggest expanding) our connection with Bon Appetit, which is an essential ministry in our area. We need to keep giving all we can for socks and Dunkin' cards that go to Grace Street Ministry. We need to continue our support for Seeds of Hope. These are not only important ministries to those we help, but also a witness to the world around us that we care because Jesus cares.

Rev. Greg Smith



Lectionary Readings

NOV 02 | 21st Sunday after Pentecost; All Saints Sunday (Green or White)

- Hab 1:1-4, 2:1-4
- Ps 119:137-144 (UMH 840)
- 2 Thes 1:1-4, 11-12
- Luke 19:1-10

All Saints Lections:

- Daniel 7:1-3, 15-18
- Ps 149 (UMH 862)
- Eph 1:11-23
- Luke 6:20-31

NOV 09 | 22nd Sunday after Pentecost; Organ & Tissue Donor Sunday (Green)

- Hab 1:15b-2:9
- Ps 145:1-5, 17-21 (UMH 857)
- 2 Thes 2:1-5, 13-17
- Luke 20:27-38

NOV 16 | 23rd Sunday after Pentecost (Green)

- Isa 65:17-25
- Isa 12 (UMH 839)
- 2 Thes 3:6-13
- Luke 21:5-19

NOV 23 | Christ the King/Reign of Christ Sunday; Thanksgiving Sunday (White)

- Jer 23:1-6
- Luke 1:68-79 (UMH 208)
- Col 1:11-20
- Luke 23:33-43

NOV 27

Thanksgiving Day Lections (White or Red)

- Deut 26:1-11
- Ps 100 (UMH 821)
- Phil 4:4-9
- John 6:25-35

NOV 30 | 1st Sunday of Advent; UM Student Day;

Beginning Lectionary Year A (Purple or Blue)

- Isa 2:1-5
- Ps 122 (UMH 845)
- Rom 13:11-14
- Matt 24:36-44



HONORING OUR HEROES LUNCHEON

Church on the Cape is proud of our veterans and the veterans in the community. We would like to celebrate the excellence of the men and women who served in the U.S. Military. We will host a lunch on Tuesday, November 11, at 12:00. Please note that we will determine a location based on the number of participants. If you are interested in attending or would like to invite a community member, please contact Jean Baracco at 860-985-7418, jnbaracco@gmail.com, or the office (207-967-5787) by November 1. Thank you!

PLEDGE CARDS

PLEDGE CARDS FOR 2026 ARE DUE
OCTOBER 26, 2025

CLICK [HERE](#) TO DOWNLOAD AND
PRINT YOUR PLEDGE CARD FROM
HOME.

BRING IT TO CHURCH AND PUT IT IN
THE OFFERING PLATE OR MAIL TO:
CHURCH ON THE CAPE
PO BOX 2740
KENNEBUNKPORT ME 04046

PASTOR VACATION

**Greg and Diana will be on vacation from
November 3- November 11**

THANKSGIVING COMMUNITY WORSHIP

The churches and faith Communities of Kennebunk and Kennebunkport will join at St. David's Episcopal church, 138 York St., Kennebunk, ME, on November 23 at 2:00 p.m.

Remembering The Saints



When Paul wrote to the church in Rome, he addressed his letter "To all God's beloved ... who are called to be saints" (Romans 1:7, NRSV). Paul regarded his fellow believers as people who had responded to the good news of Christ by choosing to follow and serve God. The New Testament emphasizes that Christians are God's beloved — special people set apart to receive his grace and to be his witnesses. All people whose minds and hearts are devoted to God are "called to be saints."

About 700 years after the church began, leaders designated November 1 as All Saints' Day to honor people whose lives reflect Christ dwelling within them. Because of what God has done for us, all Christians can wear the label of saint.



Veterans Day has its roots in what was called Armistice Day, when a peace agreement ended World War I on November 11, 1918. President Wilson proclaimed that Armistice Day was to be

marked with solemn pride in heroism and with gratitude for victory as well as the "opportunity it has given America to show her sympathy with peace and justice." In 1954, the remembrance was renamed Veterans Day to honor all U.S. military personnel. It's a reminder to pray for and honor all who serve and sacrifice, to support and assist their families, and to pray that God will bring peace on earth.

November 27th



O God, who has given us the earth, filled it with every good thing, and set us on it as caretakers and stewards, we raise our prayer of thanksgiving to you for life and beauty and grace.

Teach us to pause each day to see what you have made and how it reveals your graciousness to us. Help us live with thankful attitudes. Help us make each day a new beginning full of promise. Give us the courage to leave behind our pessimism, gloom, and self-despising and to recognize every good gift you're waiting to give us. Make us into your triumphant people, whose gift back to you is the love and respect we give to ourselves and our neighbors. And let your kingdom come through us today and forever. Amen.

-Carol Coleman

BON APPETIT

Wednesday, November 19, is Church on the Cape's night to volunteer at Bon Appetit, 19 Crescent St., Biddeford, Maine. Volunteers arrive at 4:25. Please email Kathy Johnson at kjohnjazz@yahoo.com if you plan to go. Thank you!

Advent Study Group 2026

We will be offering a four-session Advent study group this year. We will provide a choice of meeting times: Tuesdays after Picnic lunch (12:30-1:30) and Thursdays after choir rehearsal (approximately 6:00-7:00 p.m.) The groups will be "synchronized" so that they will study the same lesson each week. This will allow participants to attend one group consistently or move back and forth if that fits their personal schedule better. We will order the study books in bulk, so it is helpful, but not essential, if you pre-register with the Church office!

Dates: November 18 & 20, December 2 & 4, 9 & 11, 16 & 18

(Thanksgiving break – week of November 24.)

Study book: "Voices of Advent" by Matthew L. Skinner (Cokesbury)

November 18 & 20 "The voice of Jesus: beginning at the end"

December 2 & 4 "The voice of John the Baptist: preparing the way of the Lord"

December 9 & 11 "The voices of Mary, Zechariah and the Gospel of John: clarifying new discoveries with old insights"

December 16 & 18: "The voices of the Angels and Prophets: revealing the Messiah"

GRACE-STREET MINISTRY

Beverly Bangs, who has led this exceptional ministry for ten years, asks that you send donations to the church office, or better yet, drop them off at church (mark socks in the memo line of checks). Funds will be used to keep feet warm and safe from infection with winter socks for people experiencing homelessness as they walk the streets in Portland, and also provide them with Dunkin' Cards for a bit of warmth and joyfulness.

Pastor Jeff, the Executive Director of Grace-Street Ministries shows his backpack used to



carry the much-needed socks and cards along Portland's streets to those in need at the September 28th Worship Service.

Photo screenshot, article by editor

COOKIE TIN SALE 2025

TO ALL OUR LOYAL BAKERS:

THIS YEAR'S HOLIDAY FAIR IS DEC.6!

We ask you to make five dozen of one kind of cookie (please no peppermint, mint flavoring).

"Christmas cookies" are always appreciated and make the tins look more festive. There will be a sign-up sheet on the table outside of Bartlett Hall. Kindly indicate the variety you are making to avoid duplication. Please plan on delivering your cookies for the tins to the church kitchen between 10 AM and 4 PM on Thursday, Dec 4th (Label kind and if nuts are included).

We will be packing the tins on Friday morning, Dec 5th.

Thanks very much, Joan and Debbie



Dear Friends of Church on the Cape,

I have lived most of my life within the sound of the bell which sits atop the steeple of the Church on the Cape. Its tolling of the hour has added a structure, too often taken for granted, to the routine of my day, and a welcomed source of comfort during those times, deep in the darkness, when the magnified burdens of life made sleep elusive. I have heard it ring out in joy at special occasions, sending out its blessing over the entire community. And on Sunday mornings, I have heard it ring out its invitation to worship, an offering to one and all to gather in its sanctuary.

Sanctuary seems such a fitting description for this place that brings us together. It's a sacred place, a place of refuge and safety. It's where we can hear the quiet voices within us that are too often drowned out by the noise of the crowd, and where the cares of our everyday lives can be eased and put into a proper perspective as we sit in peace. It's here that the past and the future meet, making our present a happier and more fulfilling time. It's here, bathed in the soft light that filters through stained glass, with the sound of familiar hymns, beautiful music, and an inspiring message, that we fill the wells of our souls and commit to being better, more caring people in the image of Jesus Christ. It's here that we find comfort in the fact that those around us are more than church friends; they are our church family and genuinely care for our well-being. It's here that we are moved beyond being a community of neighbors to being a community of Christ and are made better in the process. It's here, in God's presence, that we gain a faith and optimism to meet the future.

It won't be long before our church bell will ring in a new year. Let's not take this special place for granted. It needs our help to carry on its good work for us and all. Over the past months, committees have been diligently working to create a budget that addresses the financial needs of this place we love. Now it's our opportunity to step forward and support it. We are hoping that you will give, not until it hurts, but until it feels good, knowing that the Church on the Cape is a blessing in our lives, just as you are a blessing to it.

With Thanks for Your Support,
Tom Bradbury

OCTOBER SUNDAY SCHOOL NEWS

Sunday School is filled with the voices and laughter of young children and loving teachers. The children tell their parents they like to go to Sunday School. This month, the children learned about The Golden Rule and have been practicing it with a high level of success. Isabella (5 ½) made the observation that her friend Toby always follows The Golden Rule. For the record, Tony is a loving and wonderful only child. Isabella went on to say, "It is easier to follow The Golden Rule when you do not have siblings."

Another lesson included the story of Jesus and the Ten Lepers. Jake (3) went home and asked his mother if she knew what leprosy was. He proceeded to tell her all about it. The children had seen a face of someone with leprosy in Sunday School, and it made quite an impression. Jake then described to his mom that Jesus placed his hand on each person and cured them. He wasn't quite done describing the story. He ended with "then Jesus sprayed everyone with a fire hose, and they were really cured!" Jake thinks everything important involves a firefighter, a hose, and a firetruck!

Another lesson was the familiar story of 'The Mustard Seed and Yeast'. The class conducted a fun hands-on experiment to show how yeast grows. They talked about how Jesus taught us that the little things we do with love and kindness can grow and become big things. The children added yeast to a hydrogen peroxide mixture in a tall container and watched it expand up and out like a volcano! They loved it!

They are also learning the Lord's Prayer. Listen to their sweet and confident voices when they are in church on Communion Sunday. You will hear them reciting the Lord's Prayer.

Pastor Greg oversees the Sunday School curriculum and strives to tie it in with his sermon for that day, whenever possible.

We continue to look for people who would like

to be part of this wonderful experience. If you are interested in teaching, see Pastor Greg to be vetted, and Sharon Miesel to be put on the schedule.

The photos are of Jake and Isabella, and Ben and Sophie, Bringing Up the Light. If any of your children would like to participate in this special opportunity, contact Carol Nason.



Photos are with written permission from parents.
Article by Carol Nason

Church Conference Preparation, Mission Insight Report

In preparation for our Church Conference, our District Superintendent has asked us to review the Mission Insight report for our Church. I have attached a link to the 39-page report for you to look at. Below, I have prepared a brief summary of the information that I think might be most important and useful to us, but I want you to have access to the full report.

Here is the link:

https://drive.google.com/file/d/1FeuJpfldBNAg1RaQM3PM70bwU7WaoXZL/view?usp=drive_link

Thank you and Bless you all!

Greg

Mission Insight Report Highlights from Rev. Smith

Demographics:

We have a very homogeneous, white population. The population is about evenly split between white collar and blue-collar workers. We are above average in the education level of adults. Fifty percent of our population has an associate's degree or higher. Forty percent of our population is over 55 years old. Almost two-thirds of our population is over 35. The income level is about the same as the rest of the state. Most of our children live in a two-parent home.

Life concerns:

One of the greatest concerns is the ongoing impact of COVID-19. I am not sure exactly what that means, but it probably connects with another major concern, which is concerns about health problems and the lingering problems we see with the impact COVID-19 had on children's education. It may also relate to the breakdown in social interactions and increased loneliness. Our population is very concerned about future health problems and caring for aging family members. A large component of this is likely dealing with the increase in dementia.

The two greatest social concerns are around the divisions in our society and racism.

Financially, our population is most concerned about retirement savings and then about day-to-day financial pressures.

Our population expresses concern about the future in general.

Religion:

One of the greatest reasons people expressed for not participating in organized religion was that it was not relevant to their lives. They say they are disillusioned with and don't trust organized religion. They don't trust religious leaders. They perceive religious people as too judgmental, having "fixed and inflexible beliefs" and being too focused on money.

Interestingly, almost twenty-four percent of respondents said they couldn't find the right faith community in the area. That may indicate an area where better messaging and visibility could help.

Of interest is that there was a decrease in people feeling that they didn't participate because religion was too old-fashioned or not current!

They do identify that not feeling welcome was a major concern.

They say the most important things are warm and friendly encounters, quality sermons, traditional worship experiences, holiday programs, and opportunities to develop personal relationships.

Social media:

The two most utilized social media platforms in our population are YouTube and Facebook.



Although you've never seen him, you love him. Even though you don't see him now, you trust him and so rejoice with a glorious joy that is too much for words. You are receiving the goal of your faith: your salvation. 1 Peter 1:8-9

FOUR COMPELLING REASONS WHY I BELIEVE IN GOD

by Charlie Benore

Each time I take the liberty to include this article in the newsletter again, I feel a bit awkward until I recall that rereading it from time to time has helped maintain and strengthen my faith. I hope reading it for the first time, or rereading it, will be helpful for you, too.

Believing in God is essential to salvation and is the most important subject one can think about.

FIRST IS THE PROPHECIES IN THE OLD TESTAMENT THAT FORETOLD THE COMING OF JESUS, AND EYEWITNESS CONFIRMATION IN THE NEW TESTAMENT THAT HE DID.

A) The Bible is the most printed and read book of all time. Several Old Testament prophecies, many years before the earthly life of Jesus, tell of His coming

and sacrificing His life for our sins so that those who believe in Him will have everlasting life.

It is important to avoid revisionist history in testing the prophecy outcomes, and we are blessed in this regard to have the Dead Sea Scrolls. According to experts, there are reportedly 800-plus manuscripts in the Dead Sea Scrolls' Qumran discovery, with about 220 from the Hebrew Bible. Except for Esther, each of the books is present, although most are fragmented and have missing pieces.

The ability to trace Old Testament Scripture so far back in time lends strong credence to the reliability of our present-day Bible. These books are said to date between 150 BCE and 70 CE. One of the found books, Isaiah, is said to be virtually complete.

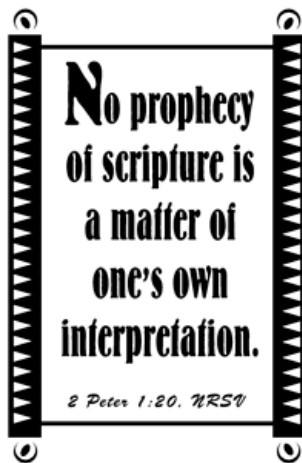
Among these books, Isaiah 53 is especially important to me because it foretells the suffering and death Jesus incurred in fulfilling God's plan for our salvation many years before Jesus resided on earth. Selections from the Common English Bible follow:

- "He bore the punishment that made us whole; by his wounds, we are healed."
- "Like sheep, we had all wandered away, each going its own way, but the Lord let fall on him all our crimes."
- "The Lord's plans will come to fruition through him."

- "...my servant will make many righteous and will bear their guilt."
- "Therefore, I will give him a share with the great, and he will divide the spoil with the strong in return for exposing his life to death...."

According to several sources, over 100 prophecies that Jesus fulfilled are noted in the Old Testament. The Old Testament prophecies range in time from 500 to 1200 years before Jesus' birth, and some are very specific, such as "a Child is born." (Isaiah 9:6); "...the deaf shall hear..." the blind shall see." Isaiah 29:18

"Behold, your king is coming to you, he is just and having salvation, lowly and riding on a donkey...." Zechariah 9:9; Soldiers "divide my garment...and for My clothing they cast lots."



Psalms 22:18; "...his body shall not remain overnight on the tree, but you shall surely bury him that day...." Deuteronomy 21:23.

The Old Testament prophecies were fulfilled, reference by reference, in the New Testament. These prophecies, inspired by the Word of God, were proven and affirm God's Word in Scripture.

B) Like the Old Testament, the New Testament also has an early history

testifying to its authenticity. Reportedly, several of Paul's letters date from around 50 CE, and the Gospel of Mark 66-70 CE. The earliest complete copy of the New Testament, the Codex Sinaiticus, dates to the 4th century.

The New Testament clearly describes the life of Jesus with us, thanks to those who authored it, including several who served as eyewitnesses.

"We are witnesses whom God chose beforehand, who ate and drank with him after God raised him from the dead. He commanded us to preach to the people and to testify that he is the one whom God appointed as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name." Acts: 10: 41-43

"This Jesus God raised up, and of that all of us are witnesses."

Acts 2:32, NRSV

Also, 1 Corinthians 15:3-8, written by the apostle Paul, notes: "...Christ died for our sins in line with the scriptures, he was buried, and he rose on the third day in line with the scriptures. He appeared to Cephas, then to the Twelve, and then he appeared to the more than five hundred brothers and sisters at once – most of them are still alive to this day, though some have died. Then he appeared to James, then to all the apostles, and last of all, he appeared to me, as if I were born at the wrong time."

C) Moreover, there are records of Jesus' time on earth from two historians and artifacts confirming the events, people, and places depicted in Scripture.

Tacitus (A.D. 55-120), a leading historian of his time, writes, "Christus (Greek for Christ), from whom the name had its origin, suffered the extreme penalty during the reign of Tiberius at the hands of one of our procurators, Pontius Pilatus...."

Another is Josephus' record, published in his "Jewish Antiquities" in the year 93. "About this time, there lived Jesus, a wise man, if indeed one ought to call him a man. For he was one who performed surprising deeds and was a teacher of such people as accept the truth gladly. He won over many Jews and many Greeks. He was the Messiah. And when, upon the accusation of the principal men among us, Pilate had condemned him to a cross, those who had first come to love him did not cease. He appeared to them, spending a third day restored to life, for the prophets of God had foretold these things and a thousand other marvels about him. And the tribe of the Christians, so called after him, has still to this day not disappeared."

While Josephus' record is controversial to some in part because it seems too detailed and was possibly later embellished, it is, nonetheless, at its core, supportive of the earthly existence of Jesus.

Josephus also wrote of James: "the brother of Jesus, the so-called Christ."

D) From another historical perspective, several important artifacts support people, places, and events in Scripture. Several of the most important include the Dead Sea Scrolls, which are already mentioned and described as the most remarkable discovery, with minimal differences between the Scrolls and Old Testament Hebrew texts. According to experts, these differences do not alter the meaning of God's Word in the Bible.

There are two scrolls named the Ketef Hinnom Scrolls, which have citations of biblical texts in Hebrew that are reportedly even earlier than the Dead Sea Scrolls. The Tel Dan Inscription refers to the House of David, Israel's king and ruler. Also among the many findings is the Pilate Stone, which mentions Pontius Pilate, the Prefect of Judea.

SECOND IS INTELLIGENT DESIGN

a) Intelligent Design professes that the universe and humans are so complex that they cannot be explained except with an intelligent cause. I know no one or what, for example, could have created the planets where on earth we have adequate temperatures, water, gravity, ozone protection, proper orbit, and the like that provide for human life. Who or what force other than God has that creative power?

Noted theoretical physicist Stephen Hawking, in "The Grand Design," offers

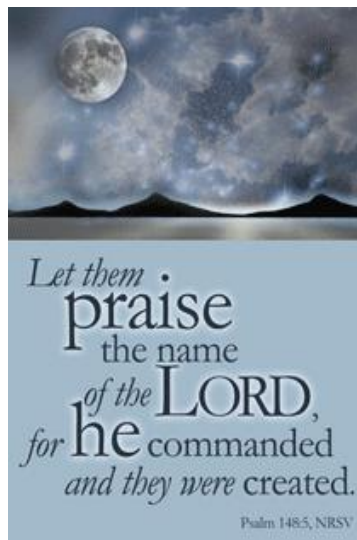
an answer. He believes that the Big Bang, or universe creation, was inevitable because of laws such as gravity and occurred spontaneously out of nothing.

His theory of creation has been criticized for not having a "first-order event" or an explanation for how gravity and other forces were present that created the universe, along with the laws of nature to control the universe's growth and keep it intact and functioning.

Could there be a force beyond our scientific comprehension that did so? The vastness of space, the complexity of the solar system, and the fact that at least one of the planets supports life point to an Intelligent Designer. The Intelligent Designer, I believe, is God.

b) On another scientific front, Darwin's "On the Origin of Species by Means of Natural Selection" suggests that humans were the result of biological evolution, where all life on earth evolved over time from a single ancestor, in contrast to the beginning of humankind as Adam and Eve.

According to this theory, the first replicating molecule's evolutionary path ultimately led to different animal types and human beings.



There are objections to this theory, such as Intelligent Design, where it is held that only a supernatural force could accomplish the biological diversity of life and the complexity of the human anatomy.

Notably, there also needs to be a "first-order event" to explain how the first molecule got here. A beginning organism from somewhere needs to be present for evolution to occur.

Intelligent Design by God is, I believe, a more compelling answer to how we got here. Science is useful for showing how natural law works, but not about the origin of our planet and its inhabitants.

Psalm 19:1 proclaims, "The heavens declare the glory of God, and the firmament shows His handiwork."

THIRD IS THE CONSCIENCE OR THE MORAL GUIDE WE HAVE

As far back as I can remember, my Mom and others would guide me to what was right and wrong in the normal course of being a youth, but as I grew older, it became apparent that my sense of what was right and wrong was much broader and deeper. The question is, where did this recognition come from?

In my studies, I especially liked the Gospel of John, and there I found that my conscience extender was the Holy Spirit. "I have spoken these things to you while I am with you. The Companion, the Holy Spirit, whom the Father will send in my name, will teach you everything and will remind you of everything I told you." John 14:25



"I will put my instructions within them and engrave them on their hearts. I will be their God, and they will be my people. They will no longer need to teach each other to say, "Know the LORD!" because they will all know me, from the least of them to the greatest, declares the LORD; for I will forgive their wrongdoing and never again remember their sins."
Jeremiah 31:33-34

Our Lord planted into our hearts and minds a helper – the Holy Spirit – who shows us how to live, right from wrong, and is always by our side, helping us to be righteous.

FOURTH IS THE EARTHLY REWARDS OF PEACE AND JOY

Because Jesus died on the cross to save us from our sins, and since I sincerely believe, love, and have faith in Him – and endeavor to follow His commandments – I have forgiveness of my sins and, in turn, peace in my mind and joy in my heart.

He has not dealt with us according to our sins nor punished us according to our iniquities. For as the heavens are high above the earth, so great is His mercy toward those who fear Him; as far as the east is from the west, so far has He removed our transgressions from us.
Psalm 103:10-12

Beyond the Lord's instructions planted into my heart and mind, my "earthly knowledge" of His instructions was initially based on what I had been taught in Catholic grade school. Later, my understanding grew by attending church, being inspired by several ministers and church families, studying the Bible, and reading books by biblical scholars. However, I still wondered from time to time about the strength of my faith in God.

Then, one day, on my walk to church meditation, I realized why I was doing so. I was doing so because of my love of God. And this love empowered me to finally say with sincerity, truthfulness, and conviction from my whole mind, heart, and soul that my belief in and love of Him was sound, true, and strong.

Concurrently, I could feel a smile coming to my face and a wonderful feeling of being close to God and acceptable to Him. There was relief, peace of mind, and joy in my heart. It was truly a glorious experience for me.



In closing, there is comfort in Matthew 11:28-30. "Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy, and My burden is light."



Church on the Cape

A United Methodist Church

We of The Church on the Cape represent various religious and cultural backgrounds and lifestyles. We are young, old, middle-aged, single, married, widowed, divorced, parents, grandparents, and members of extended families.

Above all, we are people who take risks, make mistakes, confess, repent, and try again.

At the center of our community is Jesus Christ, whose life, death, and resurrection are the reasons we are together. The life and hope in this community have more to do with Christ's faithfulness to us than ours to Christ.

Whether you are searching for a faith community or just passing through, we want you to feel at home. Whoever you are, whatever your history, your scars, your gifts; You are among people like yourself.

Join us from wherever you call home. If you like what you see here, we post our virtual Hymn Sing and Sunday Worship Service on our website, www.churchonthecape.org.

The Church on the Cape

3 Langsford Road

PO Box 2740

Kennebunkport, ME 04046

Church Phone: 207-967-5787

Email address: office@churchonthecape.org

Website: www.churchonthecape.org

Pastor: Reverend Greg Smith

Email Address: rev.gregsmithumc@gmail.com

Phone: 207-967-5787